

# Exploring Explainability of Diabetic Diagnosis on Machine Learning Algorithms with the Shapley Value

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## Abstract

Diabetes has affected the lives of millions of patients' and is an economic burden on both patients and society. Machine learning methods are used to detect diabetes in its early stages to help more people to combat it. However, these methods don't provide explanations for disease diagnosis which can result in patients distrusting the model, and delaying treatment. To address this issue, we aim to implement existing machine-learning methods and explain the predictive outcome of these models. Specifically, we utilize the Shapley value to calculate the impact of individual attributes on the model output. The experimental results show that both medical data and patients' profile information benefit the model prediction.

**Keywords:** Diabetes, Shapley value.

## I. Introduction

Diabetes is a common chronic disease and seriously affects the patient's quality of life. In 1980, there were around 180 million diabetes patients in the world, however this number had increased to 422 million by 2014. Moreover, about 1.5 million people died as a result of diabetes in 2012 [17]. Diabetes also damages the body and vital organs [12, 16]. Early detection is critical for the

prevention and treatment of the condition, and can help patients to live a longer, better quality, life. Many machine learning methods are applied to diagnose diabetes and achieve improved performance. However, these methods cannot provide explanations of the predicted results, which can influence a patient's trust in the diagnosis result, and it is often difficult to analyze the reason for the model output. To add insight into the explainability of machine learning methods, we apply the Shapley value [2, 13] to four machine learning algorithms to analyze the contribution of each attribute in the PIDD dataset [15, 5] to the model output. The results show that medical data play the most important role in disease prediction, and that the patients' profile information benefits diabetes diagnosis.

## II. Machine Learning Methods for Diabetic Prediction

Machine Learning (ML) methods have been widely used in the healthcare domain [10, 18, 6, 7]. In this work, we utilize four common ML methods (i.e., LightGBM, XGBoost, Decision tree, and Random Forest) to perform diabetic prediction. The details on the ML methods are as follows,

- LightGBM (LGB) [11]: This is a distributed gradient-boosting framework which is based on decision trees.
- XGBoost (XGB) [4]: This is an eXtreme Gradient Boosting package which is a tree learning algorithm. XGB is a gradient-boosting framework library to efficiently use hardware.
- Decision Tree (DT) [14]: This is a tree-based nonparametric supervised learning model which uses greedy search to obtain the best classification results.
- Random Forest (RF) [3]: This is an ensemble learning method which builds up using multiple DTs. The prediction result is decided by all DTs. For the classification task, the output

of the model is the class selected by the most DTs in total.

### III. Shapley Value

In this section, we introduce the Shapley value to improve the explainability of ML methods. Shapley value is a concept introduced in game theory to reveal the contribution of individual features on prediction results [8, 9]. Specifically, the Shapley value of a specific feature  $i$  is to calculate the mean marginal contribution on all possible combinations of the feature unions. We calculate the Shapley value of feature  $i \in N$  as follows,

$$\phi_i(N) = \frac{1}{|N|!} \sum_{S \subseteq N \setminus \{i\}} |S|!(|N| - |S| - 1)! (v(S \cup \{i\}) - v(S)), \quad (1)$$

where  $N$  is the set of all features and  $S$  is the subset of  $N$  which not includes feature  $i$ .  $v(\cdot)$  is a characteristic function.

### IV. Experiments

#### A. Dataset

The Pima Indian Diabetes Dataset (PIDD) has been widely used in diabetes prediction tasks, and is collected from the University of California, Irvine (UCI) machine learning repository. The total size of the data sample is 768 records. Each data record contains eight attributes and one ground-truth label. These eight attributes include the number of pregnancies, blood glucose level, skin thickness, insulin level, BMI, blood pressure, diabetes pedigree function, and age.

Model	Accuracy	F1	Recall	Precision	TPR	TNR
LGB	0.7987	0.6804	0.7021	0.6600	0.7021	0.8411
XGB	0.7597	0.6263	0.6596	0.5962	0.6596	0.8037
DT	0.7662	0.6250	0.6383	0.6122	0.6383	0.8224
RF	0.8117	0.6813	0.6596	0.7045	0.6596	0.8785

Table 1: Summary of performance of LGB, XGB, DT, and RF on diabetic prediction.

### B. Experimental Setting

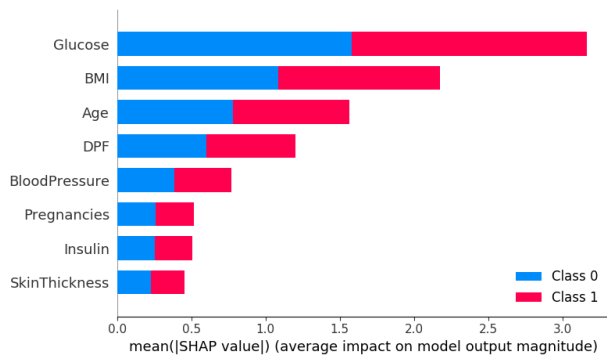
To evaluate the performance of these ML methods, we applied six evaluation metrics, including Accuracy, F1-measure, Recall, Precision, TPR (True Positive Rate), and TNR (False Positive Rate). The dataset was then split into training and testing subsets following an 8:2 proportion.

### C. Main Results

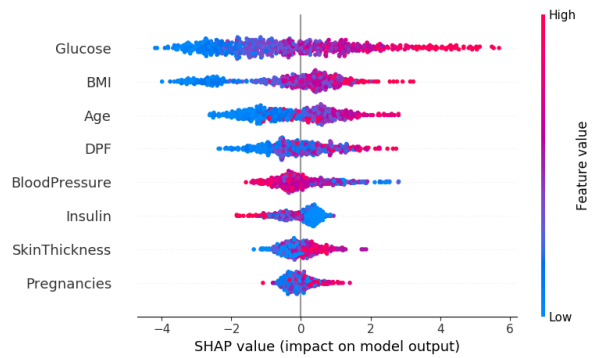
As shown in Table 1, RF achieves the best performance in terms of accuracy, F1, precision, and TNR. DT performs worst among these four models. One possible reason is that the LGB and RF are implemented based on, and extending, decision trees.

### D. Analysis of Shapley Value

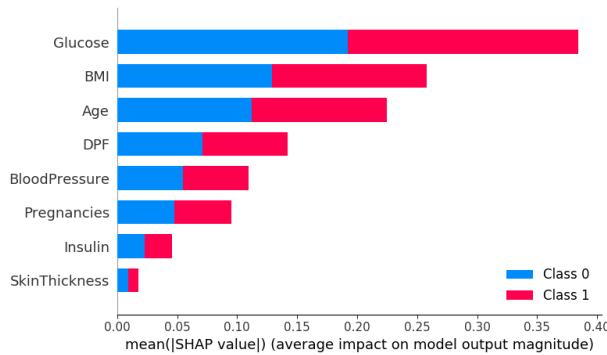
To add further insight into the explainability of the model prediction results, we applied the Shapley value to investigate the impact of individual attributes on the model output. In Figure 1, we can see that blood glucose, BMI, age, and DPF (diabetes pedigree function) play an important role in diabetic diagnosis. Among these attributes, the medical data (i.e., blood glucose) is the most important attribute, which is also to be expected [1], and also the profile information details (i.e., BMI and age) can improve the accuracy of a diabetes diagnosis. In the RF model, the number of pregnancies is also helpful for disease prediction. Among these attributes, skin thickness has a minimal impact on diagnostic results. For LGB, XGB, and DT, the blood pressure rating can



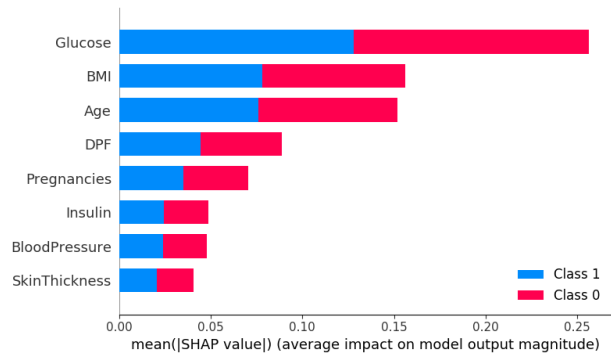
(a) SHAP summary plot of LGB model



(b) SHAP summary plot of XGB model



(c) SHAP summary plot of DT model



(d) SHAP summary plot of RF model

Fig 1: SHAP value summary of four ML methods

benefit the model prediction performance. As shown in Figure 1 (b), we can observe that lower blood glucose, BMI, and age will help participants get eliminate the diabetic risk.

### E. Conclusion

In this work, we compared four machine-learning methods using the PIDD dataset. The results show that Random Forest achieves the best performance. To enhance the explainability of the models, we applied the Shapley value to analyze the contribution of individual attributes to the prediction results. The results illustrate that both the medical data and profile data can benefit disease diagnosis.

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